



ANNUAL REPORT

2023

المواسات
HUMAN RELIEF
MISSION

HELPING HUMANITY THROUGH WELFARE.

Cover photo: Nangarhar, Afghanistan

A group of Afghan children pose for the camera as they wait to have their containers filled with water provided by Human Relief Mission. Like many vulnerable people in the area, these children and their families rely on our support, which includes distributing food and water.

Driven by poor economic situations, climate change and conflict, water shortages continued to rise this year. We are proud to have remained a lifeline for families in crisis.

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IN THE NAME OF ALLAH, MOST MERCIFUL, MOST COMPASSIONATE

MESSAGE FROM THE CHAIR OF TRUSTEES



Dr Salman Momin
Chair of the Board of Trustees,
Human Relief Mission

ASALAMU ALAIKUM PEACE BE UPON YOU

As we reflect on the challenges and triumphs of the past year, I am humbled by the unwavering dedication and generosity that have defined our collective efforts at Human Relief Mission. In a world beset by crises, your steadfast support has been the beacon guiding our mission to alleviate suffering and foster hope.

Throughout the past year, we witnessed the continued reverberations of global challenges, from the relentless march of climate change to the enduring plight of communities grappling with conflict and displacement. Yet, amid these trials, our commitment to serving humanity remained unwavering, buoyed by your unwavering support and generosity.

As stewards of compassion, we embarked on a journey to confront the multifaceted dimensions of humanitarian need, recognising that true resilience lies not only in addressing immediate crises but also in laying the groundwork for sustainable, long-term solutions.

In the face of escalating climate breakdown, our resolve to safeguard the planet and its inhabitants has never been stronger. Through innovative programs and strategic partnerships, we are empowering communities to adapt to changing environmental realities, fostering resilience and preserving precious ecosystems for generations to come.

Moreover, our unwavering commitment to upholding the dignity and rights of the most vulnerable among us has propelled us to the forefront of humanitarian action. From the remote corners of conflict-stricken regions to the bustling streets of urban centres, our dedicated teams have worked tirelessly to deliver life-saving assistance and empower individuals to rebuild their lives with dignity and hope.

In Afghanistan, a nation teetering on the brink of famine, our humanitarian efforts have been a beacon of hope for millions facing unimaginable hardship. Despite the complex challenges posed by conflict and insecurity, we remain steadfast in our resolve to stand by the Afghan people, delivering vital aid and support while navigating a labyrinth of logistical and operational hurdles.

As we chart a course for the future, guided by the principles of compassion, solidarity, and justice, I am filled with optimism for the transformative initiatives that lie ahead. From empowering marginalized communities to championing gender equality, our commitment to positive social change knows no bounds.

At the heart of our mission lies a deep sense of gratitude for your unwavering support and partnership. It is your generosity and compassion that fuel our determination to forge ahead, guided by the belief that together, we can build a world where no one is left behind.

In the coming year, let us continue to write the next chapter of our humanitarian journey, guided by the principles of empathy, resilience, and hope. With your continued support, Human Relief Mission will remain steadfast in our commitment to building a future free from poverty, injustice, and suffering.

ANNUAL REPORT

Our trustees are pleased to present their annual report for the year of 2023.

OUR VISION AND STRATEGY

Rooted in the principles of compassion and humanity, and guided by our Islamic values, we envision a world where communities thrive, social responsibilities are honoured, and all people unite in the face of adversity.

Our mission is to alleviate human suffering by empowering individuals to rebuild their lives, fostering resilience, and extending support to all communities with impartiality and respect.

Our strategy for following year has four global goals that aim to ensure we respond effectively to humanitarian emergencies, contribute significantly to global development goals and advocate for positive social change. These goals are based on four key areas of work we present in this report: humanitarian, development, advocacy and partnerships

OUR GOALS

1 Reducing the humanitarian impact of conflicts and natural disasters

2 Empowering communities to emerge from poverty and vulnerability

3 Expand healthcare services and education for underserved populations.

4 Mobilising people and funds to support our work

HOPE IN ACTION SAVING LIVES

DISASTERS WE RESPONDED TO

Afghanistan: Flash Floods

Turkey: Earthquake Disaster

Afghanistan: Returning Refugees

Palestine: Gaza Conflict

Afghanistan: Herat Earthquake



AFGHANISTAN



In 2023, Afghanistan faced extreme economic challenges, with over 90% of its population living below the poverty line.

More than 28 million Afghans required humanitarian aid, exacerbated by the economic collapse and subsequent suspension of international funding.

Source: International Rescue Committee

HOW WE RESPONDED

In 2023, Afghanistan endured one of its most severe humanitarian crisis. While many organisations faced challenges maintaining their operations due to ongoing economic instability, Human Relief Mission remained on the ground, delivering essential aid to those in need.

Our established presence in Afghanistan enabled us to effectively respond and reach vulnerable populations. Human Relief Mission's work focused on key areas: food insecurity, healthcare, water aid, sponsorship programs and support for returning refugees.

With over a decade of experience operating in Afghanistan our team works tirelessly to deliver not just immediate relief, but also long-term sustainable solutions.

OUR PRESENCE ALLOWED US TO TACKLE:



FOOD INSECURITY



CONTAMINATED WATER



19,642
BENEFICIARIES



91,381
BENEFICIARIES



190,533
BENEFICIARIES



140,968
BENEFICIARIES

As the food crisis worsened in Afghanistan, we collaborated with donors and international partners to distribute vital food packages in Nangarhar, Kabul, Herat and several other provinces reaching over 190,000 individuals.

These packages contained essentials like flour, rice, oil, and other food products helping to prevent further hunger, particularly among the most vulnerable in the region.

Additionally, we supported returning Afghan refugees, coming from the neighbouring regions. Through our partnerships with international charities and from the support of our donors we provided multi-purpose cash grants to over 2,800 families (over 19,000 people), enabling them to meet urgent needs such as food and shelter.

As winter approached, we distributed over 5,000 emergency winter packages which included blankets, warm clothing, food and heating supplies to families living in extreme freezing temperatures.

We also implemented agricultural recovery programmes, supporting farming families with seeds and tools to restore self-sufficiency in drought-affected areas.

Despite the immense challenges of 2023, Human Relief Missions efforts brought life-saving support to countless Afghan communities. As we move forward, we remain committed to aiding Afghanistan's recovery, working alongside those in need to help rebuild their futures.

HRM Afghanistan Deployment 2023



PAKISTAN



In 2023, Pakistan faced numerous challenges, with over 37% of its population living below the poverty line. (World Bank)

More than 20 million Pakistanis require humanitarian aid, especially due to the floods in 2022 and 2023.

HOW WE RESPONDED

In 2023, Pakistan faced drastic floods due to which there was urgent requirement of aid. Our strong presence allowed us to donate food packages and hot meals to vulnerable populations.

Human Relief Mission's work in Pakistan helped us overcome a key issue of food insecurity in the country.

With support from our team in Pakistan, we were able to help the needy by providing Food Packages in rural areas that benefitted many people throughout their harsh days of not knowing when their next meal might be.

OUR PRESENCE ALLOWED US TO TACKLE:



FOOD INSECURITY



FLOOD DAMAGE

NIGERIA



In 2023, Nigeria's food inflation reached 25%, causing severe hardship as families struggled to afford food.

Nigeria also reached 38.9% poverty with an estimated 87 million Nigerian living below the poverty line, according to World Bank.

HOW WE RESPONDED

In 2023, Nigeria faced various sources of instability, especially via conflict and economic turmoil in the country.

Human Relief Mission's work in Nigeria focused on food insecurity, especially during the blessed month of Ramadan.

With our ties to our team in Nigeria, we were able to help the less fortunate by providing Hot meals in rural areas, assisting many underprivileged people in the region.

OUR PRESENCE ALLOWED US TO TACKLE:



FOOD INSECURITY

TURKEY



In 2023, Turkey was hit by a devastating earthquake due to which the lives of an estimated 15.7 million people were impacted.

Nearly 50,000 buildings, including critical infrastructure like schools and hospitals, suffered significant damage or were completely destroyed, according to World Vision.

HOW WE RESPONDED

In 2023, at least 2.5 million children have been in need of humanitarian aid in Turkey.

Human Relief Mission's work in Turkey focused on raising emergency relief funds in order to help alleviate the distress due to the catastrophic earthquakes that hit the country. As of December 2023, over 700,000 people were living in temporary camps due to the infrastructural damage.

Our fundraising in Turkey helped alleviate distress among the population that were affected by the disaster due to which 3 million people were displaced and lost their homes.

OUR PRESENCE ALLOWED US TO TACKLE:



EARTHQUAKE DISASTER



GAZA



The Instability and conflict in Gaza brought many challenges. Healthcare collapsed and famine was looming everywhere.

Approximately 1.7 million people were displaced in the last quarter of 2023 on the Gaza Strip.

Source: iDMC

HOW WE RESPONDED

In 2023, Human Relief Mission provided relief to many nutritious food supplies and hot meals to those in need.

Despite facing many challenges, our team on the ground was able to provide aid to all refugee camps inside the Rafah border.

Our presence in Gaza allowed us to help address the chronic food shortage. This helped foster a sense of hope amidst conflict and turmoil. In the face of this ongoing humanitarian crisis, our relentless commitment has made a significant impact, and helped bring smiles to Gaza once again.

OUR PRESENCE ALLOWED US TO TACKLE:



FOOD INSECURITY



HOT MEALS

8,000
BENEFICIARIES

As the food crisis worsened in Gaza, we collaborated with donors and international partners to distribute vital food packages across the Rafah Border and the refugee camps located in the city.

Furthermore, we were able to support those in need with Hot Meals that kept them from suffering more. Our team made sure that the people and kids of Gaza receive the help that they desperately need.

We were able to benefit 8,000 people with our Hot Meals project. We look to continue our support in Gaza even further with your contributions.



WATER AID

Global water crisis remains critical, with over 2 billion people still lacking access to safe drinking water in 2023, underscoring the urgent need for action. *(United Nations)*

Human Relief Mission's water initiative – Water Aid – recognises the vital, life-saving role that clean water plays in sustaining health, dignity, and survival. Our water and sanitation projects provide essential aid in both emergency contexts and long-term community development, ensuring access to sustainable sources of clean water.

In Afghanistan, where drought and conflict have severely impacted water supplies, Human Relief Mission is working to deliver clean, reliable water sources to the most vulnerable communities.



OUR RESPONSE

Afghanistan faces significant challenges due to its climate and damaged infrastructure which results in severe water scarcity.

However, these challenges are what we aimed to tackle by providing clean, noncontaminated water.

We prioritised the repair and upgrade of damaged water infrastructure to improve distribution and reduce water loss. This helps families to cook, drink, clean, wash, water crops, and care for animals.

Additionally, we aimed to integrate water conservation in the practices of daily lives and educate communities. We did this starting with our orphanages and take those practices into affected communities.



These actions have significantly helped us improve the severe water scarcity in many areas.

These projects also involve delivering water tankers, especially in an urgent case of a natural disaster or conflict. These water tankers contain up to 10,000 litres of clean water to vulnerable communities.

This helps us prevent waterborne diseases and mitigate conflict over scarce resources. Through the provision of this basic amenity, we aim to bring stability, security, and hope to Afghan communities.

THIS YEAR, WE PROVIDED

 **2,124**
WATER BOTTLES

 **68**
HAND PUMPS

 **34**
WATER WELLS

**WE PROVIDED WATER TO
111,500 PEOPLE**



MASJID

Building foundations of Faith:

Human Relief Mission's Faith related projects focused on constructing and renovating Masajid in underprivileged regions. The initiative provided essential spaces for worship, education and community support.



ISLAMIC PROJECTS

ANIMAL SACRIFICES

At the birth of a child, the Aqiqah is performed as a part of the sunnah of the Prophet ﷺ. It involves the sacrifice of livestock; such as goats and sheep. Our Aqiqah projects aim to follow Islamic guidelines, ensuring that the meat is distributed amongst most in need.

THIS YEAR WE SACRIFICED



180
SHEEP



41
COWS

AQIQAH & WALIMA

A Walima is a joyous occasion for any Muslim community and it is an expression of a married couple's happiness and gratitude to Allah.

Our Walima Project also helps people follow the sunnah of the Prophet ﷺ by providing for the less fortunate and extending generosity to others on this joyous occasion.



QURAN DISTRIBUTION

We also distribute Qurans in Afghanistan, fostering accessibility to the holy book. Amidst challenges, this project aims to provide comfort, guidance and a source of solace to communities, especially those marginalised. This in turn uplifts spirits and offers unity in trying times.

FOOD SECURITY

OVER 12 MILLION PEOPLE ARE FACING FOOD INSECURITY

1 in 4 Afghans do not know where their next meal will come from. More than half of the population is below the poverty line.

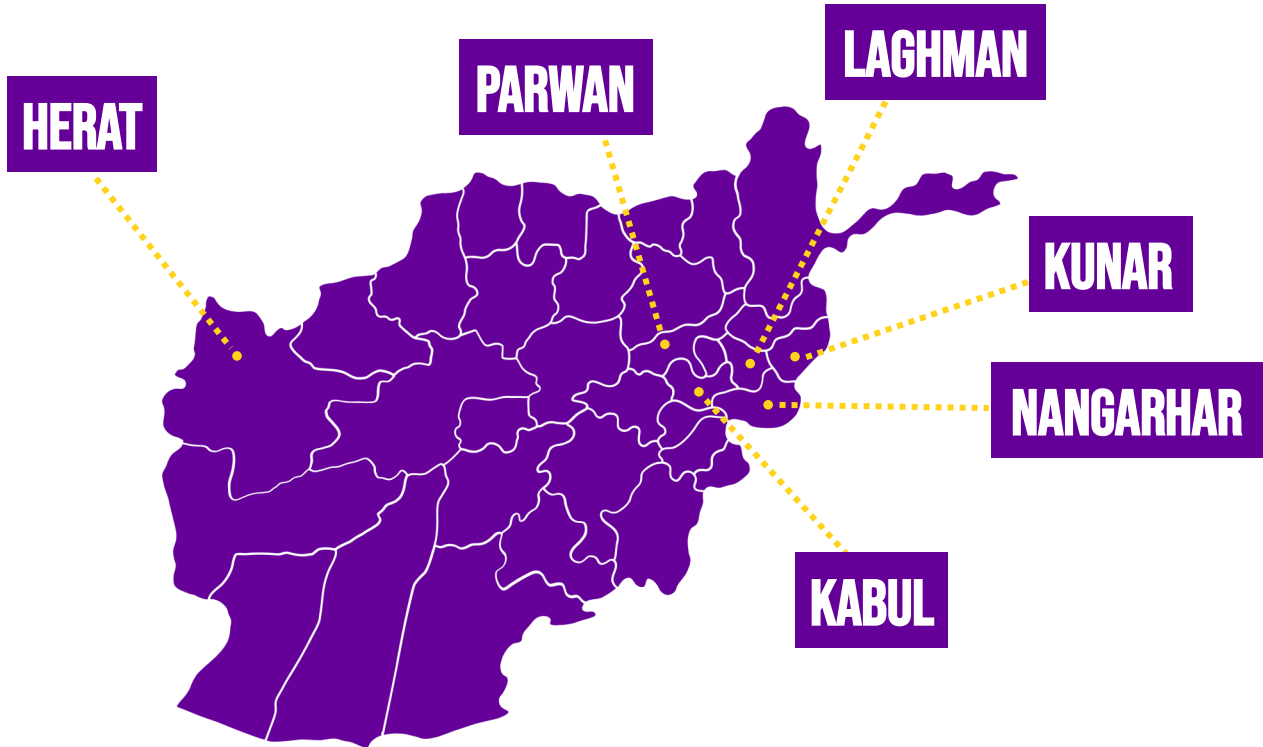
We aim to tackle this by our Food Aid projects such as Food packages, Hot Meal Distribution, Cash Distribution and Fresh Breads from our Bakeries.

Our Food Packages are given with the intention to supply a family of seven with enough food for an entire month. Human Relief Mission distributes breads from the local bakeries on a daily basis and each family is given ten pieces of fresh naan bread.



AN INSIGHT INTO 2023

Of areas we mainly operated in across Afghanistan



OUR CONTRIBUTIONS IN AFGHANISTAN

5.7 MILLION MEALS



FROM 27,219
FOOD PACKAGES

91,381 SERVED MEALS



INCLUDING
56,831 HOT MEALS

OVER 1.8 MILLION



FRESH
BREADS

RAMADAN



34,550
IFTAR MEALS

SPONSORSHIPS

ORPHAN SPONSORSHIP

Orphans in Afghanistan endure profound suffering due to the loss of one or both parents amidst the nation's history of conflict and instability. Struggling with basic necessities, they face food insecurity, lack of healthcare, and limited access to education, perpetuating a cycle of poverty. The absence of parental care makes them vulnerable to exploitation, trafficking, and abuse further deepening their distress.

Emotional trauma and mental health issues plague these young souls, yet access to appropriate support is scarce. Additionally, cultural stigma isolates them from their communities, adding to their sense of loneliness.

AROUND 2 MILLION ORPHANS ARE CURRENTLY LIVING IN AFGHANISTAN



STUDENTS AND HAFIZ

With the support of our donors and partners, Human Relief Mission supports orphans throughout Afghanistan. We firmly believe that education is the key to a better future, and Human Relief Mission is committed to making a lasting impact. Through our sponsorship programme, students and Hufaz are sponsored until they graduate high school or complete Hifz.

This sponsorship includes covering their tuition fees, providing uniforms, daily meals and all necessary educational material.

THIS YEAR, WE SPONSORED



200 ORPHANS



30 HAFIZ



WIDOWS & NEEDY FAMILIES

In Afghanistan, widows face immense challenges due to cultural norms and economic hardships. However, Human Relief Mission plays a vital role in extending a helping hand to these vulnerable women, empowering them to rebuild their lives.

Human Relief Mission provides Financial Aid through Zakat and Sadaqah, and advocates for their rights. Our mission is to change the lives of countless families that do not have breadwinners and those that are forced to work too hard for their young ages.

THIS YEAR, WE SPONSORED



119 WIDOWS



ORPHANAGE

AN EDUCATIONAL INSTITUTE

For over a decade, Human Relief Mission has been deeply committed to making a difference in the lives of orphans in Afghanistan. Through our experience on the ground, we have recognised the harsh reality that many orphans face, being forced to become breadwinners rather than pursuing further education and career aspirations. To address this pressing issue and provide viable solutions, we have established an orphanage, where we take an apprenticeship approach to educate and empower these vulnerable children.

At our orphanage, we prioritise teaching orphans and providing them with a formal education and we offer lifestyle training along with child development programs that help kids in gaining practical skills that open up various opportunities for their future.



CONSTRUCTIONS

BAKERY CONSTRUCTIONS

Human Relief Mission is dedicated to restoring independence to those in need. Our bakeries in Herat, Kabul and Nangarhar not only supply fresh bread to the most vulnerable but also offer employment opportunities to multiple families, with at least five families benefitting from a stable income.

From every Bakery we distribute over 1000 pieces of bread on a daily basis. Through these efforts, we aim to uplift lives and empower individuals with the means to break free from hardship.



4 NEW BAKERIES

DISTRIBUTING 1000 PIECES OF BREAD EVERY DAY



HOUSE CONSTRUCTIONS

The lack of adequate shelter exposes families to harsh conditions and vulnerability. By prioritising the construction of homes for needy families, we can provide not only safety and stability but also a chance to break free from poverty's grip.

Access to secure housing offers a path towards empowering the nations future generations. Addressing this critical need is crucial in fostering a more resilient and compassionate society in Afghanistan.



NEW SHELTER HOMES

EACH HOUSE CAN HOUSE 8 TO 10 PEOPLE.



GREEN AFGHANISTAN

This initiative is dedicated to planting trees across Afghanistan. We aim to combat deforestation and address soil erosion to enhance air quality.

This program also creates job opportunities for locals and provides skill development.



1,200 PLANTS IN 2023



MEDICAL AID

OUR MEDICAL CAMPS

The limited access to healthcare facilities in developing countries pose significant challenges, our medical camps deliver vital medical supplies, treatment and expertise to those in need.

Amidst the uncertainty of natural disasters and conflict, our medical camps ensure that even the most remote and underserved communities receive the medical assistance they require to survive.

Our mission is not only to alleviate the immediate health concerns of the communities but also raise awareness regarding healthcare needs.

IN 2023 WE PROVIDED



153

MEDICAL CAMPS



908

MEDICAL KITS



3,470

BABY MILK CONTAINERS



FREE AMBULANCE SERVICE

Our Emergency Ambulance Service delivers crucial aid in severe conditions. This in turn helps the sick and injured individuals who fall victim to natural disasters or conflict in Afghanistan.

Moreover, our ambulances help us setting up temporary shelters, water aid programmes and construction of new facilities to promote public health.

Human Relief Mission's Ambulances perform emergency trips all year round in Afghanistan, providing support and help of any kind that is necessary to those that may be victim to unfortunate circumstances.

THIS YEAR, WE BENEFITTED

+ 30K+ PEOPLE



BATTLING THALASSEMIA



We conduct awareness campaigns to fight blood diseases in Afghanistan which are crucial in the healthcare sector. These critical issues have previously been neglected due to instability.

We encourage volunteers to join our blood donor database through which our medical experts fight diseases such as thalassemia.



+292 DONORS THIS YEAR

Charity Registration Number

1160380

Board of Trustees

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**“INDEED WE BELONG TO ALLAH
AND TO HIM WE WILL RETURN”**

QUR'AN, 2:156



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